## September 2022 – Technology Security Tips

## Phishing Awareness

We have seen a big uptick in phishing attempts here at the Pastoral Center. Our banking reps have confirmed that phishing and other cyber-attacks attempts have risen dramatically. Because of this, we want to give you a few tips so you can spot these phishing attempts.

- 1. Any email requests to change banking info should be verified with the individual in a separate email, in person, or with a phone call. There have been a few losses incurred in the past month or so from this technique.
- 2. Be wary of all incoming email. Watch for incorrect grammar, unfamiliar email addresses, etc. Never reply, do not click any links or open any attachments from a suspect email, and delete immediately.
- 3. If in doubt, reach out to the sender (if you know the sender) in a separate and KNOWN email address or by phone call.



## Cyber Security Awareness Training

As you all know, we recently went through the annual application process for our diocesan-wide cyber liability insurance. One of the requirements on the application was whether cyber security awareness training is offered to all employees. To aid us in achieving this requirement, a website that offers free and low-cost training can be found <u>here</u>. After going to this website, scroll down to the section called "Employee Awareness Training" for several training links.

